

PRABA

— RESTAURANT & BAR —

FOOD MENU

WELCOME TO PRABA RESTAURANT

Discover the essence of modern Sri Lankan and Indian fusion cuisine. Our culinary journey also includes delightful Mediterranean-inspired surprises. Enjoy an exceptional dining experience that blends flavours and traditions from diverse cultures.

PRABA
— RESTAURANT & BAR —

SNACKS, STARTERS & BITES

VEGETARIAN

POPPADOMS Crispy pappadum served mango chutney & mint chutney	£ 3.50
PUNJABI SAMOSA (2 PIECES) Potato & green pea stuffed Punjabi samosa served with a tamarind date chutney	£ 3.95
VADAI (2 PIECES) Savoury lentil doughnuts served with a coconut chutney	£ 2.50
SAMBAR VADAI (2 PIECES) Savoury lentil doughnuts soaked in a sambar stew	£ 2.95
PARUPPU VADAI (2 PIECES) Savoury channa dal fritters served with a coconut chutney	£ 2.50
THAIR VADAI (2 PIECES) Savoury lentil doughnuts soaked in a sweet & sour yoghurt	£ 3.45
CHILLI GARLIC MOGO Crispy cassava tossed with a garlic, chilli & masala spice blend	£ 6.95
SPICY MASALA MOGO Crispy cassava tossed with the chef's special spices	£ 5.95
CHILLI PANEER Paneer cubes tossed with garlic, chilli, onions, & peppers with an Indo-Chinese flavour	£ 6.95
GOBI 65 Crispy cauliflower fried with chilli, ginger, garlic & spices	£ 5.95
MUSHROOM 65 Crispy button mushrooms fried with chilli, ginger, garlic & spices	£ 6.95
PANEER 65 Crispy paneer cubes fried with chilli, ginger, garlic & spices	£ 5.95
VEGETABLE ROLLS (2 PIECES) Curried potato and mixed vegetables filling rolled in breadcrumbed pastry	£ 2.95
ONION BHAJJI Spiced onion in a batter of gram flour, spices and deep fried, served with a tamarind chutney	£ 3.95
MIXED BHAJJI PLATTER Spiced onion, green chillies & potatoes in gram flour batter, served with a tamarind chutney	£ 6.95
POORI MASALA Puffed wholewheat fried bread, served with a potato masala	£ 5.95
CHANNA BHATURA Fluffy fried bread, served with a chickpea curry	£ 5.95

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SNACKS, STARTERS & BITES

NON - VEGETARIAN

MUTTON ROLLS (2 PIECES) Sri Lankan short eats, pancake stuffed with a spiced potato & mutton filling rolled in breadcrumbs	£ 3.95
FISH CUTLETS (2 PIECES) Breadcrumbs coated fish cake with spiced fish & potato	£ 3.95
CHICKEN 65 Crispy fried chicken with chilli, ginger, garlic & spices	£ 6.95
MUTTON CHUKKA Boneless marinated mutton cooked with onion, curry leaves & chukka spice mix	£ 7.50
PRAWN VARUVAL Prawns cooked with onion, curry leaves & chukka spice mix	£ 7.95
CHICKEN PEPPER FRY Pan fried chicken with a spicy pepper masala flavour with coriander, peppercorn & cumin	£ 6.75
NETTHELI CHILLI FRY Anchovy fish fried with a Sri Lankan spice blend	£ 6.75
KING FISH FRY King fish marinated with the Chef's special spice mix	£ 6.95
MEEN POLLICHATHU Kerala speciality fish marinated with peppers, red chillies, onion tomato masala & wrapped in banana leaf, slow roasted on a tawa.	£ 8.45
BABY SQUID FRY Seasoned squid marinated with chefs spice blend	£ 8.75
KUDAL PIRATAL Mutton offals tossed in a tawa with a Sri Lankan spice blend	£ 7.95
VENISON PIRATAL Venison cubes slow cooked with a Sri Lankan spice blend	£ 8.95
CHICKEN LIVER MASALA Marinated chicken liver in a spicy masala with curry leaves & pepper powder	£ 5.95
MUTTA PODIMAAS (TWO EGGS) Scrambled eggs with a light spice shower topped with onions & curry leaves.	£ 3.95
SEAFOOD MIXED PLATTER Tapas style sharing platter with Prawn Varuval, King Fish Fry, Nettheli Chill Fry & Baby squid fry	£ 24.95
MIXED MEAT PLATTER Tapas style sharing platter with Chicken 65, Mutton Chukka & Chicken Pepper Fry, Prawn Varuval	£ 23.95

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SOUPS

MIXED VEGETABLE SOUP Medley of vegetables, spring onions, light soy sauce	£ 4.95
RASAM Hearty broth of tomatoes and tamarind with peppery notes	£ 4.95
CHICKEN & SWEETCORN SOUP Sweetcorn cream, chopped chicken, egg white	£ 5.45
SEAFOOD HOT SOUP Mixed seafood gently simmered with chillies, lemongrass	£ 6.50

TANDOORI

CHICKEN TIKKA Boneless chicken marinated in spices & yoghurt and roasted in a clay oven	£ 7.95
CHICKEN MALAI TIKKA Boneless chicken breast marinated in a creamy cheese, herbed with coriander & cooked in a tandoor	£ 7.75
LAMB CHOPS (3 PIECES) Lamb chops marinated in fresh ginger, exotic herbs & fragrant spices	£ 14.95
MUTTON SEEKH KEBAB (2 PIECES) Ground mutton seasoned with fresh herbs and spices, rolled on skewers	£ 7.95
NILGIRI KING PRAWNS (3 PIECES) Marinated in herbs & yoghurt and cooked to perfection	£ 15.95
TANDOORI WHOLE SEABREAM Whole seabream marinated with coriander, turmeric, lime, yoghurt & spices	£16.95
PANEER TIKKA Homemade cheese marinated in red chili, ginger & cumin, cooked in the tandoor	£ 8.95
TANDOORI MALAI BROCCOLI & CAULIFLOWER Broccoli & cauliflower in a rich creamy marinade, cooked in a tandoor	£ 8.45
MIXED GRILL PLATTER Lamb chops , Chicken Tikka, Malai Tikka, Nilgiri King Prawns	£ 28.95

KOTTHU

Kotthu is a srilankan street food delicacy made with either finely chopped parotta, string hoppers or puttu cooked with vegetables, chicken, seafood, eggs or meats

PAROTTA

A layered flatbread prepared with plain flour & oil

Chicken	£ 6.95
Mutton	£ 7.95
Prawn	£ 8.95
Seafood	£ 8.95
Egg	£ 5.95
Vegetable	£ 6.95

IDIAPPAM (STRING HOPPER)

Steamed handmade rice flour noodles - a staple of Sri lanka

Chicken	£ 6.95
Mutton	£ 7.95
Prawn	£ 8.95
Seafood	£ 8.95
Egg	£ 5.95
Vegetable	£ 6.95

PUTTU

Steamed cylinders of ground rice layered with grated coconut

Chicken	£ 6.95
Mutton	£ 7.95
Prawn	£ 8.95
Seafood	£ 8.95
Egg	£ 7.45
Vegetable	£ 6.95

APPAM

Bowl shaped fermented rice and coconut milk pancake

Plain	£ 1.95
Egg	£ 2.95
Paal (coconut milk)	£ 2.95

DEVILLED DISHES

A true taste of Sri Lanka, a stir-fried spicy dish with onions, leek, capsicum, cooked in garlic & ginger

Chicken	£ 8.50
Mutton	£ 8.95
Seafood	£ 12.95
Squid	£ 8.95
King Prawns	£ 11.95
Venison	£ 9.95
Nettheli	£ 8.95

BIRYANIS

All Biryanis are served with Raita

CHICKEN BIRYANI	£ 8.50
MUTTON DUM BIRYANI	£ 9.50
FISH BIRYANI	£ 9.95
PRAWN BIRYANI	£ 11.95
VEGETABLE BIRYANI	£ 7.95

CURRIES

CHICKEN

JAFFNA STYLE CHICKEN CURRY (HOT) / BONELESS OPTION	£ 8.95 / £ 9.95
Chicken cooked with roasted ground coriander, cinnamon, cloves, cardamom, curry leaves and dried red chillies	
CHETTINADU CHICKEN CURRY (HOT)	£ 8.95
A spicy, dark, robust recipe with roasted spices, coconut & kalpasi creating its deep, dark texture	
BUTTER CHICKEN MASALA (MEDIUM)	£ 8.95
The delhi style- chicken thigh tikka in a slow cooked tomato curry	
CHICKEN KORMA (MILD)	£ 8.95
Zero chilli dish with fragrant saffron, turmeric & cardamom	

MUTTON

JAFFNA STYLE MUTTON CURRY (HOT) / BONELESS OPTION	£ 9.95 / £ 10.95
Jaffna style spicy and robust flavoured dish, This curry is made with succulent mutton pieces	
MADRAS MUTTON CURRY (HOT)	£ 9.95
A most popular dish of south Indian origin, with coconut, coriander, peppercorn & red chillies	
MUTTON ROGAN JOSH (MEDIUM)	£ 9.95
Intensely aromatic lamb leg cubes with Kashmiri red chilli, garam masala and saffron	

SEAFOOD

SQUID (KANAVA) CURRY (MEDIUM)	£ 10.95
Squid marinated in black peppercorn spice mix cooked in spicy onion tomato sauce	
JAFFNA STYLE CRAB CURRY (HOT)	£ 10.95
Jaffna village style crab curry cooked with red chillies, tomato & coconut	
ALLEPPEY PRAWN CURRY (MEDIUM)	£ 11.95
King Prawns are cooked in a sauce with Raw Mango, onion, ginger, garlic and aromatic ground spices	
FISH CURRY (KULAMBU) (MEDIUM)	£ 9.95
Fish cooked with freshly ground spices, black pepper, tangy tamarind and green chillies	
FISH SOTHI (MEDIUM)	£ 4.50
A light and flavourful Sri Lankan curry made with coconut milk, turmeric, and aromatic spices	

VEGETARIAN

POONDU KULAMBU / MIXED VEGETABLE KORMA	£ 6.95
CEYLON STYLE AUBERGINE CURRY (MEDIUM)	£ 5.95
PANEER BUTTER MASALA	£ 7.95
CHANNA MASALA / TADKA DAL / JAFFNA STYLE COCONUT DAL	£ 5.95
POTATO & SOYA CURRY (HOT) / OKRA CURRY	£ 6.95
KEERAI CURRY / BEETROOT CURRY (MILD)	£ 5.95
SAMBAR	£ 4.95

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IDLIS & DOSAS

*Dosas are Savory Crepes made with fermented rice & lentil batter.
Idli is a soft, pillowy steamed savoury cake made from fermented rice and lentil batter.
All dosas are served with sambar and coconut, green coconut and tomato chutneys.*

Plain Idli (3 Idlis)	£ 5.50
Ghee Podi Idli (15 Mini Idlis)	£ 5.95
Idli Sambar (2 Idlis)	£ 4.95
Chilli Idli	£ 5.95
Plain Dosa	£ 5.95
Masala Dosa	£ 6.50
Paper Roast Dosa	£ 7.50
Ghee Paper Dosa	£ 7.95
Cheese Dosa	£ 6.95
Ghee Podi Dosa	£ 6.95
Ghee Podi Masala Dosa	£ 7.95
Cheese Masala Dosa	£ 7.95
Mysore Masala Dosa	£ 7.95
Paneer Masala Dosa	£ 7.95
Egg Dosa	£ 7.95
Mutton Curry Dosa	£ 9.95
Chicken Curry Dosa	£ 9.50
Rava Dosa	£ 6.95
Onion Rava Dosa	£ 7.55
Onion Rava Masala Dosa	£ 8.45
Jaffna Dosa with coconut sambal (3 pieces)	£ 5.95

UTTAPPAM

*Uttappam are thick Savory dosa made with fermented rice & lentil batter.
All Uttappams are Served with sambar and coconut, green coconut & tomato chutneys.*

Plain Uttappam	£ 5.50
Onion Chilli Uttappam	£ 6.55
Onion, Tomato, coriander & Chilli Uttappam	£ 6.95
Onion Uttappam	£ 5.75
Cheese Uttappam	£ 6.45
Podi Uttappam	£ 6.25
Tomato Uttappam	£ 6.25

PAN ASIAN

MANCHURIAN

An Indo Chinese sauce cooked with soy sauce, ginger, garlic, coriander & green chilli

Paneer Manchurian	£ 8.50
Gobi Manchurian	£ 7.95
Vegetable Manchurian	£ 7.95

SCHEZWAN

A popular sauce cooked with dried red chillies, flavoured with garlic, ginger, vinegar & soy

Schezwan Chicken	£ 8.95
Schzewan Prawns	£ 8.95
Schezwan Fish	£ 8.50
Schzewan Squid	£ 8.95

RICE & NOODLES

FRIED RICE

Chicken	£ 6.95
Prawns	£ 7.95
Egg	£ 6.75
Vegetable	£ 6.50
Lamb Kheema Rice	£ 9.95

SCHEZWAN FRIED RICE

Chicken	£ 6.95
Prawns	£ 7.95
Egg	£ 6.75
Vegetable	£ 6.50

FRIED NOODLES

Chicken	£ 6.95
Prawns	£ 7.95
Egg	£ 6.75
Vegetable	£ 6.50

SCHEZWAN FRIED NOODLES

Chicken	£ 6.95
Prawns	£ 7.95
Egg	£ 6.75
Vegetable	£ 6.50

SIDES & BREAD

Steamed Rice	£ 2.95
Pulao Rice	£ 3.75
Jeera Pulao	£ 3.95
Red boiled Rice	£ 2.95
Lemon Rice	£ 4.95
Curd Rice	£ 4.95
Potato Chips	£ 3.00
Raita	£ 2.75
Seeni Sambal	£ 2.45
Katta Sambal	£ 2.45
Coconut Sambal	£ 1.95
Two Egg Kalaki	£ 4.95
Jaffna style egg omlette	£ 4.95
Parotta (2 pieces)	£ 2.95
Veechu Roti	£ 2.50
Butter Parotta(2 pieces)	£ 3.25
Tandoori Roti	£ 3.00
Butter Roti	£ 3.25
Plain Naan	£ 3.00
Butter Naan	£ 3.25
Garlic Naan	£ 3.50
Chilli Garlic Naan	£ 3.75
Kheema Naan	£ 4.50
Peshwari Naan	£ 4.50
Cheese Naan	£ 3.95
Chilli Cheese Naan	£ 4.25
Chapatti (2 pieces)	£ 2.95
Idiappam (6 pieces)	£ 2.95
Puttu (3 pieces)	£ 2.95

KIDS MENU

Chicken Korma & Rice	£ 5.00
Baby Butter Naan & Chicken Tikka	£ 5.00
Chicken Malai Tikka & Fries	£ 5.00
Chicken Popcorn & Chips	£ 5.95
Kids Dosa served with Chocolate/ Honey/ Nutella	£ 5.95

Allergy and ingredients: every dish in Praba Restaurant is freshly prepared in small kitchens that handle allergens and each dish contains spices, herbs and chutneys that are ground externally. For this reason, we do not take responsibility as we cannot guarantee the absence of any allergens in any of our dishes. Customers with life-threatening allergies and intolerance's must take this significant risk into consideration before choosing to dine with us. Please speak to the manager before you order. We do not take responsibility should certain ingredients used in our kitchen appear in your dish that may not have been described. Please make further enquiries should there be any particular ingredients that may not be agreeable to you. Also, note that there may be traces on nuts in all our dishes. All our meat products are halal.

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**THANK YOU
FOR VISITING**



262 Northolt Rd, South Harrow, Harrow HA2 8HF

info@prabarestaurant.com

www.prabarestaurant.com

+44 (0) 208488 1491

  **@PrabaRestaurant**

